

沙田慶回歸20周年長跑

Sha Tin Distance Run in Celebration of the 20th Anniversary of the Establishment of the HKSAR

(12 Mar 2017 Sun, Temperature : 17-21 C, Humidity : 75-95%)

得獎名單 Award List

10km 女子公開組 Women's Open

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	OW0043	江麗明	KONG, LAI MING	0:41:47	2507469
2	OW0023	張海麗	ZHANG, HAILI	0:45:23	2723073
3	OW0046	梁寶怡	LEUNG, PO YI	0:47:27	2847467
4	OW0040	賴美韻	LAI, MEI YUI	0:47:48	2867520
5	OW0058	嚴敏何	YIM, MAN HO	0:50:04	3003523
6	OW0010	葉婉玲	YIP, YUEN LING	0:51:34	3093933
7	OW0063		CHUNG, PUI CHING	0:52:01	3120890
8	OW0060	黎依樂	LAI, YI LOK	0:53:59	3238697
9	OW0054	維加	LIMBU, REIKA SANYAK	0:54:21	3260867
10	OW0039	許雅姿	HUI, NGA CHI	0:55:51	3351362

10km 女子高級組 Women's Senior

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	SW0020	何慧儀	HO, WAI YEE	0:44:42	2682287
2	SW0005	區明敏	AU, MING MUN AUDREY	0:47:09	2829118
3	SW0054	伍在朗	NG, CHOI LONG	0:47:40	2859519
4	SW0045	馬甄華	MA, YAN WAH	0:49:04	2944281
5	SW0044		CHEUNG, OI YI	0:50:01	3000781
6	SW0026	蔡焯瑩	CHOI, CHEUK YING	0:50:21	3021371
7	SW0011	羅靜敏	LAW, CHENG MAN	0:51:51	3110895
8	SW0048	鄺閱滿	KUANG, YUE MAN	0:53:06	3186167
9	SW0052		SIU, MAY BO	0:55:49	3349218
10	SW0035	鄧文蘭	TANG, MAN LAN	0:56:15	3374556

10km 女子先進組 Women's Master

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	MW0040	王秀連	WONG, SAU LIN	0:48:35	2914804
2	MW0025	石美鳳	SHEK, MEI FUNG	0:51:17	3076981
3	MW0004		PATTON, KIRBY	0:52:38	3158089
4	MW0041	譚美蘭	TAM, MEI LAN	0:52:48	3168299
5	MW0024	屈寶燕	WATT, PO YIN PAULINE	0:54:52	3292067
6	MW0045	古燕芬	KO, YIN FAN	0:55:14	3314044
7	MW0028	梁靜雲	LEUNG, CHING WAN	0:56:03	3363425
8	MW0049	梁翠雯	LEUNG, CHUI MAN ELSA	0:56:21	3381219
9	MW0012	何麗貞	HO, LAI CHING KRIS	0:56:33	3392602
10	MW0007	丘愛蓮	YAU, OI LIN	0:56:40	3399841

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10km 男子公開組 Men's Open

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	OM0067	陳韋彤	CHAN, WAI TUNG ALEX	0:36:04	2164174
2	OM0091	陳健威	CHAN, KIN WAI	0:36:15	2174630
3	OM0090	黃東升	WONG, TUNG SING	0:37:31	2250891
4	OM0066	蕭文舜	SIU, MAN SHUN	0:38:09	2289268
5	OM0055		NG, CHIK SUM ABRAHAM	0:38:25	2305016
6	OM0089	鄭武宣	CHENG, MO SUEN	0:38:31	2310910
7	OM0115	溫孝聰	WAN, HAU CHUNG	0:38:35	2314939
8	OM0057	袁國熙	YUEN, KWOK HEI	0:39:13	2352900
9	OM0127	郭偉建	KWOK, WAI KIN	0:39:14	2353896
10	OM0092	葉孝廉	YIP, HAU LIM	0:39:29	2369011

10km 男子高級組 Men's Senior

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	SM0069	萬進謙	MAN, CHUN HIM	0:37:39	2258687
2	SM0022	梁啟堅	LEUNG, KAI KIN	0:37:55	2274494
3	SM0033	熊柏康	HUNG, PAK HONG	0:39:50	2390322
4	SM0071	陳偉豪	CHAN, WAI HO RICKY	0:41:20	2479609
5	SM0046	周興華	CHAW, HING WA	0:41:27	2486788
6	SM0009	胡梓軒	WOO, CHE HIN RICKY	0:42:06	2525961
7	SM0155	吳家偉	NG, KA WAI	0:42:09	2529037
8	SM0041	尹賜豪	WAN, CHI HO	0:42:11	2531085
9	SM0133	梁志文	LEUNG, CHI MAN	0:42:52	2572049
10	SM0115	袁國偉	YUEN, KWOK WAI SIMON	0:43:02	2581814

10km 男子先進組 Men's Master

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	MM0155	陳立人	CHAN, LAP YAN	0:39:44	2384150
2	MM0043		YING, TZE KIN	0:40:06	2405722
3	MM0156		FONG, WAI SING	0:42:31	2550814
4	MM0133	莫健富	MOK, KIN FU	0:42:41	2561127
5	MM0028	池小魚	YU, TAK YIU	0:43:09	2588971
6	MM0107	溫向清	WAN, HEUNG CHING	0:43:10	2589867
7	MM0055	黎偉佳	LAI, WAI KAI	0:44:31	2670861
8	MM0096	蘇遠超	SO, YUEN CHIU	0:45:03	2703449
9	MM0127	吳國雄	NG, KOK HUNG	0:45:32	2731584
10	MM0136	高修德	KO, SAU TAK	0:45:44	2743614

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3km 女子少年I組 Girl's Youth I

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	3G1002	鍾佩珈	CHUNG, PUI KA	0:12:36	755547
2	3G1022	黃心怡	WONG, SUM YI	0:12:46	765874
3	3G1011	林可恩	LAM, HO YAN	0:13:32	811778
4	3G1014	潘天宥	POON, TIN YAU	0:13:34	813595
5	3G1012	杜愷庭	TAO, HOI TING	0:13:34	813987
6	3G1023	周紫昕	CHAU, TZE YAN	0:13:45	825161
7	3G1003		WORTHINGTON, MOLLY	0:13:49	828564
8	3G1024	羅仲婷	LAW, CHUNG TING	0:14:30	869645
9	3G1004	周栩芊	CHAU, HUI CHIN	0:14:43	882702
10	3G1010	關子妍	GUAN, TSZ YIN	0:14:51	890516

3km 女子少年II組 Girl's Youth II

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	3G2008	陳櫻心	CHAN, YING SUM	0:11:55	714591
2	3G2035	張凱妮	CHEUNG, HOI NI	0:12:16	735923
3	3G2014	林希婷	LAM, HEI TING	0:12:25	745356
4	3G2011	蘇翠航	SO, CHUI HONG	0:12:34	754014
5	3G2039	吳卓妤	NG, CHEUK YU CHERRY	0:12:38	758025
6	3G2010	盧卓逸	LO, CHEUK YAT	0:12:54	774109
7	3G2019	曾善瑤	TSANG, SHIN YIU	0:13:00	780012
8	3G2012	戴穎旻	TAI, WING MAN	0:13:08	788119
9	3G2037	霍子怡	FOK, TSZ YI	0:13:09	789250
10	3G2036	陳宜蕤	CHAN, YI TSUN	0:13:29	809394

3km 女子少年III組 Girl's Youth III

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	3G3023	陳樂昕	CHAN, LOK YAN	0:12:06	726223
2	3G3024	歐陽學珈	AU YEUNG, HOK KA	0:12:12	732370
3	3G3002	張穎漩	CHEUNG, WING SUEN	0:12:41	761417
4	3G3027	莫凱雯	MOK, HOI MAN	0:13:12	792287
5	3G3003	溫芷喬	WAN, TSZ KIU	0:13:14	794187
6	3G3010	楊海斐	YEUNG, HOI PUI	0:13:23	802958
7	3G3005	文蔚潼	MAN, WAI TUNG	0:13:30	809679
8	3G3029	曾羨雅	TSANG, CHERYL	0:14:18	858185
9	3G3008	麥嘉瑩	MAK, KA YING	0:14:22	862130
10	3G3015	伍卓穎	NG, CHEUK WING	0:14:26	866224

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3km 男子少年I組 Boy's Youth I

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	3B1031	朱洛言	CHU, LOK YIN	0:11:27	686545
2	3B1013	張祖榮	CHEUNG, CHO WING	0:11:50	709821
3	3B1029	蔡昊朗	CHOY, HO LONG COLIN	0:12:23	742673
4	3B1027		BHOVARAHAN, VAIBHAV	0:12:29	749109
5	3B1001	蔡古節	TSOI, GU CHIT	0:12:32	752196
6	3B1044	廖凱朗	LIU, HOI LONG COLIN	0:13:07	787471
7	3B1014	張浩榮	CHEUNG, HO WING	0:13:15	794664
8	3B1016	黃珀灝	WONG, PAK HO	0:13:47	827170
9	3B1019	彭國煇	PANG, KWOK HEE	0:14:02	841742
10	3B1034	楊智希	YEUNG, CHI HEI	0:14:20	860036

3km 男子少年II組 Boy's Youth II

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	3B2003		SWISS, DUANGTHIP	0:10:45	644625
2	3B2014	張文謙	JNG, DEXTER ALEXANDER MAN	0:10:53	652818
3	3B2013	黃翰輝	WONG, HON FAI	0:10:59	659376
4	3B2010	黃珀鋸	WONG, PAK KWAN	0:11:01	661243
5	3B2006	莊朗軒	CHONG, LONG HIN	0:11:21	680558
6	3B2029	陳朗烜	CHAN, LONG HUEN	0:11:21	680655
7	3B2034	黃焯鏗	WONG, CHEUK HANG	0:11:24	684243
8	3B2012	黃泓敖	WONG, WANG NGO	0:11:30	690159
9	3B2001	溫昊霖	WAN, AARON HO LAM	0:11:35	695488
10	3B2024	連珈朗	LIN, KA LONG	0:11:53	712769

3km 男子少年III組 Boy's Youth III

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	3B3026	邵昀俊	CHIU, WAN CHUN	0:10:41	640982
2	3B3038	陳宥君		0:10:58	657922
3	3B3014	熊子謙	HUNG, TSZ HIM	0:11:03	662930
4	3B3034	林樂軒	LAM, LOK HIN	0:11:23	682968
5	3B3035	張兆龍	CHEUNG, SIU LUNG	0:11:36	695523
6	3B3013	伍智鍵	NG, CHI KIN	0:11:41	701448
7	3B3012	關岳	GUAN, YUE	0:11:46	705820
8	3B3016	黃卓文	WONG, CHEUK MAN	0:11:55	715359
9	3B3040	鄺梓榮		0:12:00	720164
10	3B3020	姚昊志	YIU, HO CHI	0:12:03	722780

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3km 女子成人組 Women's Adult

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	3W0048	陳安琪	CHAN, ON KI	0:12:56	775717
2	3W0036	凌梓湄	LING, TSZ MEI	0:13:06	786410
3	3W0035	林佩怡	LAM, PUI YI	0:13:31	811213
4	3W0037	羅筠蔚	LAW, KWAN WAI	0:13:49	828784
5	3W0051	邱芷柔	YAU, TSZ YAU	0:14:19	859468
6	3W0015	謝翠珊	TSE, CHUI SHAN	0:14:22	862263
7	3W0046	王淑如	WANG, SUK YU	0:14:25	864762
8	3W0039	黃文英	WONG, MAN YING	0:14:32	871967
9	3W0049	李斯琪	LI, SZE KI	0:15:02	901745
10	3W0050	趙雅婷	CHIU, NGA TING	0:15:02	902418

3km 男子成人組 Men's Adult

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	3M0013		NG, CHUNG YIN	0:10:16	615756
2	3M0068	劉峻峻	LAU, TSUN LING	0:10:19	618953
3	3M0028	李卓謙	LEE, CHEUK HIM	0:10:49	648741
4	3M0011	歐陽梓雋	AU YEUNG, TSZ CHUN	0:11:02	661990
5	3M0019	馮裕和	FUNG, YU WO	0:11:06	665856
6	3M0009	洪兆輝	HUNG, SIU FAI	0:11:20	680002
7	3M0018	黃家健	WONG, KA KIN	0:11:22	682161
8	3M0004	李梓誠	LI, TSZ SHING	0:12:02	722161
9	3M0020	曾智鏢	TSANG, CHI LOK	0:12:36	756172
10	3M0017	陳祖恒	CHEN, ZU HENG	0:12:48	767625

3km 嘉賓組 VIP

Ranking	BIB	姓名	Name	Official Time	Official Time in Millisec
1	V0011	胡偉科	WOO, WAI FOR	0:17:12	1031785
2	V0007	曹貴子	CHO, KWAI CHEE	0:17:17	1037299
3	V0008	陳婉雯	CHAN, YUEN MAN	0:17:17	1037397
4	V0017	祝效賢	CHUK, HAU YIN	0:17:18	1038028
5	V0019	蒲理正	ANGUD GUY PULLINGER	0:17:36	1055522
6	V0005	黃冰芬	WONG, PING FAN	0:17:36	1055526
7	V0022	莊子鋒	CHONG, CHI FUNG ERIC	0:17:36	1055644
8	V0024	鄧菁濱	TANG, CHING PAN JANET	0:17:36	1055650
9	V0026	傅妍婷	FU, YIN TING SHARON	0:17:36	1056066
10	V0025	林欣鑾	LAM, YEN LAU LUCAS	0:17:36	1056155